



Behavioral Health Support

When you need help, you can get support through the mental healthcare resources available to you as a Blue Cross of Idaho member.

Behavioral Health Services

Blue Cross of Idaho's Behavioral Health team partners with you and your providers to ensure you get the right care. By taking an active role in your healthcare journey, we can work together to find services that best meet your needs.

The services offered through our Behavioral Health program complement your plan of care outlined by your doctor while also taking into account your plan benefits and other resources. You can reach our Behavioral Health team by calling 986-224-4154.

Care Management

Through Care Management, you'll work directly with a care manager, who is a specially trained registered nurse or licensed social worker. Your care manager can help you find care, navigate a mental health challenge and advocate on your behalf. No matter what challenge you are facing, your care manager can connect you with the services and support you need.

Contact a care manager at 800-627-6655 or email caremanagement@bcidaho.com.