

PLAN UPDATES

To Your Group Plan

Please Read Carefully

This *Plan Update* is a summary of the Idaho AGC Health Plan changes that were approved by the Trustees of the Idaho AGC Self-Funded Benefit Trust effective on January 1, 2021. We encourage you to review this carefully. For reference, the words and terms capitalized in this document are defined in the Plan.

Two Coordinated Care (CCO) plan options added. Employers have the option of a Coordinated Care Organization (CCO) plan for your medical coverage. A CCO plan offers high-quality care at a lower cost. Unlike a PPO Plan, Participants must select a Primary Care Physician (PCP) from the CCO network of physicians to receive the in-network benefits. Please see the attached CCO Flyers for additional details.

For Southwest Idaho: Saint Alphonsus Health Alliance (SAHA).

This network has more than 2,600 providers across Ada, Boise, Canyon, Elmore, Gem, Owyhee, Payette, Valley, and Washington counties. This network includes 20 hospitals and surgery centers, 39 urgent care centers, and providers in the Saint Alphonsus Health System.

Find a full list of providers at bcidaho.com/saintalphonsus

For Eastern Idaho: Mountain View Network (MVN)

Eastern Idaho residents can take part in the Mountain View Network (MVN). MVN has more than 400 providers in many hospitals and surgery centers. You can find MVN providers in Bingham, Bonneville, Butte, Clark, Custer, Fremont, Jefferson, Lemhi, Madison, and Teton counties.

Providers are found in the Mountain View Network throughout Eastern Idaho:

- Mountain View Hospital, Idaho Falls
- Idaho Falls Community Hospital, Idaho Falls
- Skyline Surgery Center, Pocatello
- MVH Parkway Surgery Center, Blackfoot
- Blackfoot Medical Center, Blackfoot
- Shelley Family Medical Center, Shelley
- Altenburg Joint Replacement Surgery, Idaho Falls and Pocatello
- Prescription Center, Idaho Falls
- Madison Memorial Hospital, Rexburg
- Teton Cancer Institute – Idaho Falls and Rexburg
- Pain and Spine Specialists of Idaho – Idaho Falls, Rexburg, Blackfoot, and Pocatello
- Creekside Surgical Center, Idaho Falls
- Portneuf Medical Center, Pocatello

Find a full list of providers at bcidaho.com/mvn

The medical in-network out-of-pocket is \$8,500 for an individual and \$17,000 for a family. The out-of-network out-of-pocket limit is \$17,000 for an individual and \$34,000 for a family for all Plans except the \$3,000 High Deductible Health Plan which has no changes.

A weight management program is now available at no cost to qualified participants. To find out if you qualify, contact our program partner, Naturally Slim by email at support@naturallyslim.com or by phone at 855-999-7549.

Palliative care services are now covered as well. Please see your plan for a description of covered services and the cost-sharing amount.

Telehealth virtual care services are available for any covered outpatient services. Please see the benefits outline for details of those services.

Medical food is now covered for inborn errors of metabolism when a provider has diagnosed inadequate nutritional intake. Please see your plan for what is covered.

Therapeutic shoes and inserts are now covered for participants with diabetes. Please see your plan for what is covered.

Prior Authorization (PA)

The complete list of services that require PA has been added to your plan.

Major Medical Benefits

The **skilled nursing facility** benefit language has been clarified. If a stay in a skilled nursing facility crosses from one benefit period to the next, the benefit limit will still start over with the new period, but the participant does not have to be discharged first.

Definitions for medical food, palliative care, and telehealth virtual care services have been added.