



Blue Extras!sm

Balancing your budget and healthcare needs can be challenging, but Blue Cross of Idaho's Blue Extras!sm program can help you find discounts on a variety of healthcare services near you.

Blue Extras! offers a variety of discounted services, programs and products that will help you with your personal health, wellness and fitness goals. These extras are provided by independent sources that have agreed to offer discounted rates to you as a Blue Cross of Idaho member.

Blue Extras! provides access to discounts on products and services, including:

- LASIK surgery
- Hearing aids
- Medical alert services
- Vision services and supplies
- Over-the-counter drug store items
- Massage therapy
- Fitness facilities
- Childproofing and nursery items, as well as childcare products like car seats and infant carriers
- Orthodontic values – program offers a \$400 discount off the total cost of orthodontic treatment from select providers

For complete Blue Extras! Program information, please visit members.bcidaho.com and select **Health & Wellness**, then **Discount Programs**.